

2025

Annual Report



VITALITY PROGRAM
Respite Care Ministry



Table Of Contents



Leadership Letters

Board of Directors

Program Description

Program Activities

Statistics

Volunteer Spotlight

Caregiver Spotlight

Vitality Highlights

How to Give

Letter from the Director



TERRI HARTNEY

Dear Friend,

I'm writing to you today with excitement about a new chapter in my life.

From the very first day of our grand opening, I knew this was going to change my life. As a previous caregiver for my husband, in-laws, and parents, it was incredibly important for me to be a part of this program.

This endeavor is about highlighting dementia in our community and giving hope to those suffering with dementia and their caregivers.

Our first day at Vitality Respite was truly special. We had six individuals we call "friends", and sixteen volunteers. There's no distinction between the friends and the volunteers, as we consider all of them to be "friends". It was a wonderful day of engagement.

I'm so glad to be a part of something so meaningful, and I wanted to share this with you.

Warmly,

Teresa "Terri" Hartney

Letter from the Board Chair



GARY RIDEOUT

The Vitality Respite Center started out as a seed of inspiration by a group with a vision at the church. Ever since that time the bond between St. Andrew's UMC and Vitality has been an affair of the heart. Hearts emboldened by the love of Jesus Christ to share God's mercy and care with each other.

Our goal with Vitality is to provide a place for those with memory loss to engage in fun activities and connect with others, while offering peace of mind and personal time for their caregivers. Additionally, we want to nurture a sense of worth and dignity by interacting with our neighbors where they are and being in the moment with them.

The Vitality Respite Center would not be a reality without the help of so many people that provide their time, their financial gifts, prayers and encouragement. And a special shoutout of appreciation for our wonderful and dedicated volunteers. Thank you for blessing our families living with memory loss and for helping us love them just as they are...uniquely made and beautiful children of God. They remember love because of YOU.

Pastor Gary Rideout



Board Of Directors

Rev. Gary Rideout, Chair

Mike Cummins, Marketing

Mike Fulton, Finances

Lisa Karpenske, Volunteer Development

Shirley Tucker, Hospitality & Fund-raising

Myrna Cummins, Governance and Record-Keeping

Cindy Parsons, Grants

Renee Tisdale, Breakaway Respite, Sun City Center UMC

Jill Andrews, Ambiance of Brandon Assisted Living

Terri Hartney, Vitality Program Director, *non-voting Board member*



Program Description

Vitality's aim is to provide families that have a member with mildly impaired memory concerns, a safe and enriching environment. Vitality program offers games, activities, light muscle workout and conversational engagement between guests and volunteer staff. A hot lunch is provided during each session along with beverages and snacks throughout the adventure. Our mission is to provide guests with a fabulous time while allowing family members a break from their hectic day.



PROGRAM ACTIVITIES



PROGRAM ACTIVITIES



The Fruit of Our Ministry

Community Engagement & Impact

January 2025 - December 2025



26

Unique Community
Members Served



46

Days of
Operation



2,732

Volunteer Hours

Vitality Respite Center Financial Summary

01/01/2025 - 12/31/2025

Support	
Grants	15,800.00
In-Kind Donations	55,500.00
Total Support (<i>minus in-kind</i>)	\$15,800.00
Revenue	
Income from Clients	16,642.00
Scholarships	1,367.49
Total Revenue	\$18,009.49
Total Support & Revenue	\$33,809.49
Expenses	
Payroll	\$3,430.00
Supplies	\$2,350.76
Food / Drink	\$4,418.31
Seminars / Training	\$2,087.08
Marketing	\$1,076.00
Capital Expenses	\$2,450.38
Other	\$1,382.24
Church Title	\$8,000.00
Total Expenses	\$25,194.77

Vitality Spotlights



Volunteer

Volunteering with Vitality has been a blessing to me from the very beginning. I know firsthand how overwhelming it can be to care for a loved one with Alzheimer's. My own mother lived with the disease, and I watched my father faithfully care for her. Looking back, I know how much a program like Vitality would have meant to them. That's why I volunteer. It brings me joy to spend time with our guests, share smiles and laughter, and give caregivers a few hours to rest and recharge. It's a simple way to show God's love and support families in our community.

- Karen Swartzlander



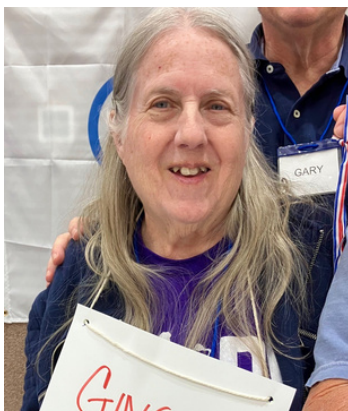
Caregiver

After several years of gradual memory decline and behavioral changes, my wife Georga was recently diagnosed with Alzheimer's disease. It was a devastating diagnosis for us as she now needs constant caregiver support. We quickly learned this disease is not an event, it's a journey, and is a disease to be managed, not cured. Upon advice from the medical community, we became active in the Vitality program at SAUMC. This was clearly one of our best care decisions. Georga has always been extroverted and highly social. Her participation gets her involved with other people in a nurturing environment. She is treated as a friend. She feels love and acceptance. She is part of the group and is made to feel special. Vitality is now the highlight of her week. And as her caregiver the respite session gives me the opportunity to have lunch with friends, run errands, plan and manage her care, or just relax at home -- all with the knowledge that Georga is safe, secure and having a great time. Vitality also provides valuable knowledge of practices and techniques that help us manage this disease. We are very grateful to be part of the program.

- Dan Runyan

PROGRAM HIGHLIGHTS

Lots of Smiles



PROGRAM HIGHLIGHTS

Lots of Smiles



How to Give



<https://SAUMCLife.ChurchCenter.com/Giving>

If you would like to make a tax-deductible donation to Vitality, please visit the website above.

Your support helps us continue to provide this value program and services that make a difference in our community,

