



# LIVING IN FAITH PRAYER

Short prayer moments throughout your day will be transformative in your life. Prayer will increase your dependence on Jesus, acknowledging your need for Him, and it will increase your expectation that He will hear you. It is all about growing your relationship with God.

These prayers can happen in the car, in the shower, before a difficult conversation, and be for anything that worries you or brings you stress throughout the day. They are short and clear on what you need from God to sustain you in the moment or the day. They should be honest and open verbal communication, the kind of conversation you have with another as you build and deepen a relationship.

In addition to speaking to God, it is important to begin to listen for His voice. In an intimate relationship, giving and receiving merge as both people become willing to speak and to listen. Sometimes both partners can be silent at the same time. It is a comfortable silence. You may be searching for words, or you may decide to stay quiet. This can also bring you closer to another.

Sitting silent in God's presence, understanding you are not alone, but rather God sits with you in loving quiet. It is often in the silence that we begin to hear the small voice of God in our hearts and in our minds. It is a nudge or an inspiration that comes from within our minds that is often the voice of God. The natural response is to not believe God would speak directly to us, but scripture tells us that he wants us to learn his voice. "My sheep listen to my voice. I know them and they follow me." (John 10:27)

When we hear the whisper of God, test it by waiting to see if it is confirmed to you. It is the job of the Holy Spirit within you to teach you to hear Jesus' voice and learn to trust it.



EXPLORE. TRANSFORM. MATURE. IN YOUR FAITH AS YOU WALK WITH JESUS.

ST. ANDREW'S UNITED METHODIST CHURCH

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